

# Newsletter



## Annual meeting in Cardiff

In 2022, we were back in person and, after two years of remote meetings, had our annual meeting in Cardiff (28-30 September). It was great to finally get to see each other again, whilst the local hosts provided an excellent meeting, including dinner in the castle, with the Welsh Government Deputy Minister for Health and Social Care, Julie Morgan.

The theme of the meeting was around our conceptualisation of ADHD. To facilitate discussion, we had a keynote talk from Professor Peter Hacker (Oxford University, see photo) who presented a paper around the philosophical context of mental health disorders. Professor Stephen Hinshaw also spoke about how societal factors impact ADHD diagnosis, treatment and stigma. Prof. Hinshaw was also the recipient of the EUNETHYDIS outstanding achievement award.



We had an excellent session on co-development and co-production in ADHD research with talks from Professor Sue Fletcher-Watson (Edinburgh University, see photo) and Professor Sakia Van den Oord, as well as representatives of the Re-Star project Youth Researcher and Advisory panel.

This session was enthusiastically received by the audience and further demonstrated the relevance of inclusive research. Cultural factors was another area which was covered by member talks, including thinking about the influence of culture and society on assessment and measurement, clinical practice and individual experience.

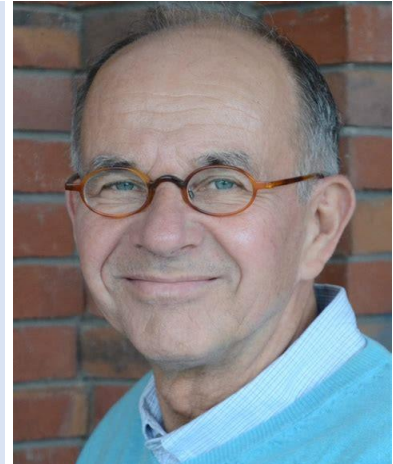


Dr. Annabeth Groenman presenting at the meeting

Talks on interventions and treatment considered a broad range of topics, including changes to management and care of ADHD following COVID-19, IPD meta-analysis of parenting interventions, meta-analyses of RCTs for computerised cognitive training and the potential therapeutic effects of elimination diets.



In addition to Professor Stephen Hinshaw's (see photo left) Outstanding Contribution award, the lifetime achievement award was presented to Professor Jan Buitelaar (see photo right), who has been influential within EUNETHYDIS for a long time, including serving on the Steering Committee as Treasurer. Jan's contribution to excellent and inspiring research is matched by his support of those earlier career researchers.



On the last day of the meeting, we held an Early Career Researcher session with talks from 10 upcoming researchers from Europe, North and South America and Australia. These excellent talks covered a wide range of topics, including intervention and treatment response, the impact of Covid-19 on mental health and tele-medicine and demonstrate the great talent amongst EUNETHYDIS early career colleagues.

 EUNETHYDIS ANNUAL MEETING 2022 – Junior Meeting

**Date and Location:** 30<sup>th</sup> September, 2022; Jurys Inn, 1 Park Pl, Cardiff, CF10 3DN, UK

	Time (BST)	Presenter	Title
Talk 1	14.00-14.15	Yasemin Mehmed	Subsyndromal ADHD and ADHD rates: A comparison of Australia and United States populations.
	14.15-14.20		Q&A
Talk 2	14.20-14.35	Anna Kaiser	Evidence-based, stepped-care in ADHD: Towards predicting treatment response from brain structure and function (ESCAbrain)
	14.35-14.40		Q&A
Talk 3	14.40-14.55	Ida Jepsen	Language abilities in children with ADHD
	14.55-15.00		Q&A
Talk 4	15.00-15.15	Amy Shakeshaft	Mental health of adults with ADHD and ASD before and during the COVID-19 pandemic
	15.15-15.20		Q&A
Talk 5	15.20-15.35	Huiqing Shi	Low-Grade Inflammation as Mediator between Diet and Behavioral Disinhibition: A UK Biobank Study
	15.35-15.40		Q&A
Talk 6	15.40-15.55	Babette Jakobi	Microbiota (exact title tbc)
	15.55-16.00		Q&A
16.00-16.20		BREAK	



Within the meeting, we had a session to remember our friend, colleague and valued EUNETHYDIS member, Professor Alessandro Zuddas. Reflections on his contribution to science, clinical practice and development of clinicians both in Italy and across Europe were given, as well as memories of Alessandro as a friend, tour guide and chef! In 2024, the EUNETHYDIS meeting will be held in Cagliari, Sardinia, to further honour Alessandro and his contribution to the society.