

Newsletter



36th Annual Meeting in Bonn

Following the success of our first ever community footprint event in Cagliari last year, we have now made this an annual EUNETHYDIS tradition. The day before the main meeting in Bonn, around 200 local teachers, clinicians and people with lived experience participated in this four-hour event, consisting of a series of talks and networking. Co-chair Sven Bölte opened the event, in fluent German, and introduced EUNETHYDIS and its aims to the community. Similarly impressing with her fluent German, Diane Purper-Ouakil provided insights into the transition phase, while our local host Alexandra Philipsen provided helpful overviews of adult ADHD, treatments and emotion regulation. The audience remained highly engaged with further presentations by Myriam Bea, Managing Director of ADHD Germany, and Eckhardt von Hirschhausen, on therapy, coaching and personal stories. We thank the local community for their active participation and for sharing many insights about ADHD.

In the main meeting, held on 23-25 September, we had 129 participants - members, early career researchers and guests – from 21 countries. Following the new traditions started last year, the programme incorporated three keynotes. However, it was a happy coincidence that our external speaker's keynote became a second member's keynote, as Philip Shaw joined the network between our original invitation and the meeting taking place. We were treated to a brilliant overview of the breadth and depth in ADHD. The other member's keynote was a double act by Anita Thapar and Søren Dalsgaard, providing much anticipated updates on ADHD service challenges



and recommendations in Wales, England and Denmark. Alexandra Philipsen's Bonn keynote also hit all the right notes, addressing the question of multimodal treatment in adult ADHD. The programme also included four new data symposia, consisting of talks selected based on abstracts submitted by members. These provided an informative series of updates on new research by members on a wide range of topics.

An old rather than new tradition is, of course, the (in)famous debates. The first to get into the ring were Saskia van der Oord (for) and David Coghill (against), bravely tackling the hot topic of whether the neurodiversity movement is overtaking the medical model - 'will ADHD no longer exist in 2040'? The arguments were clever; the evidence base meticulously prepared. Next, Roeljan Wiersema took on Pieter Hoekstra, carefully dissecting the argument that young people can accurately self-report on their own ADHD. The take-home message was that recollections may vary, even in Groningen.



Lifetime Achievement Award

Our warmest congratulations to Emily Simonoff, who was awarded the 2025 EUNETHYDIS Lifetime Achievement Award. This is the network's major award, given for sustained, fundamental and outstanding contributions to ADHD and to EUNETHYDIS. Past Chair Tobias Banaschewski, in his laudation, highlighted Emily's excellent work as Chair of the EAGG for a decade and her very important contributions in the Steering Committee. Beyond her numerous professional achievements, Tobias thanked Emily for her extraordinary leadership and generous mentorship.



Early Career Researchers

Early career researchers form a crucial part of EUNETHYDIS annual meetings. Friederike Blume had created an engaging programme that consisted of ECR Bonn symposium talks, blitz talks, guided poster tours (see photo above), mentoring and ECR dinner. Congratulations to Alessandro Zuddas Poster Prize winners Marieke Klein and Clara Teuchert (below left).



Special Interest Groups (SIGs)

Three new SIGs started in Cagliari last year; they have each had a highly productive year. The 'female ADHD' SIG, led by Sandra Kooij, and the 'language' SIG, led by Blandine French and Joanna Martin, have published initial papers*. The 'digital health technologies' SIG, led by Anna Price, conducted a Delphi study that led to 30 consensus statements that will form a publication. In Bonn, the SIGs welcomed several new members and developed new plans for next year.

*PMIDs: 40692967 & 40706601



Kramer-Pollnow Prize

Many congratulations also to Valeria Parletini, who was awarded the Kramer-Pollnow Prize for her excellent recent research and papers (above right).

Welcome!

The Steering Committee has recently accepted four new members to the network. We warmly welcome Alessio Bellato, Oliver Grimm, Philip Shaw and Petra Hurks.

Thank you to our local hosts

Our heartfelt thanks to our local hosts Alexandra Philipssen and Natalie Sahlender for their efficient local organisation – from generating brilliant ideas for the footprint event to the memorable dinner on MS Moby Dick.